

WIDE ATTACK

AGES 10 TO 16

HOW TO PLAY

- Players are split into two teams.
- All goals are placed into the corners of the field.
- This will help players spread the play into wide areas, forcing them to utilize the space while working laterally instead of direct.
- These game works are a regular scrimmage. Only difference is that each team has two goals to attack instead of one.

KEY COACHING POINTS

- Players not only have to work together with their teammates to score from one goal and then the other, but they also have to understand how to properly utilize their space.
- This game forces them to work more laterally than vertically. How many times as a coach do you ask your team to stop playing so direct? A lot, I'm sure.
- Advise players to move in and out of spaces, while also focusing on their body positioning. For example, a player wouldn't want to face the end line or touchline if they're trying to see the field. Help them to anticipate the ball getting into spaces that put them in a better position to attack.
- This drill can help you to recognize natural central midfielders. Players who find it easier to work from one side to the next, usually understand this drill a little better than others.
- This is a phenomenal game to help your team to understand switching the point of attack.
- Add in a progression to this game: once you score in one goal, you must then score in the other on the opposite side of the field.

