

7 vs 7 / 2-3-1


9 v $9 / 4-3-1$


The Coaching Numbering system in a 4-4-2

## Defenders

1-Goalkeeper
2 - Right Back
3 - Left Back
4 - Center Back
5 - Center Back

Midfielders
6 - Central Defensive Midfielder
8 Central Attacking Midfielder
7 - Right Wing
11 - Left Wing
Attackers
9 - Striker
10 - Forward

