SCORE ZONE

AGES 8 TO 16

HOW TO PLAY

- Split players into 2 teams
- The players can only score a goal by shooting within the scoring zone (or in the end zone).
- If a player scores outside of the scoring zone the goal will be disallowed.
- Goal kicks and corners will be played with kick ons to help create a faster play.
- If the play remains slow, add a time limit on goal kicks, corner kicks, and kick-ins.

KEY COACHING POINTS

- Encourage quick attacking play. Moving the ball within your team. Again, limiting touches if it is too slow.
- Advise players to take space quickly if space appears in the attacking third of the field. Getting
 into the end zone as quickly as possible, if the situation presents itself. Not forcing the ball, but
 managing the game, and acting at the right time.
- Quick finishing within the scoring zone. Reiterate that they've done the job to safely get into the
 end zone, now they must execute the final portion of the play.
- Support play in and around the scoring zone. Other teammates provide a passing option if the player with the ball needs support to playback.
- Forward runs are a must. Make a run into the attacking zone to create your opportunity.









