

# FORMATION AND ORGANIZATION FOR U7 AND U8



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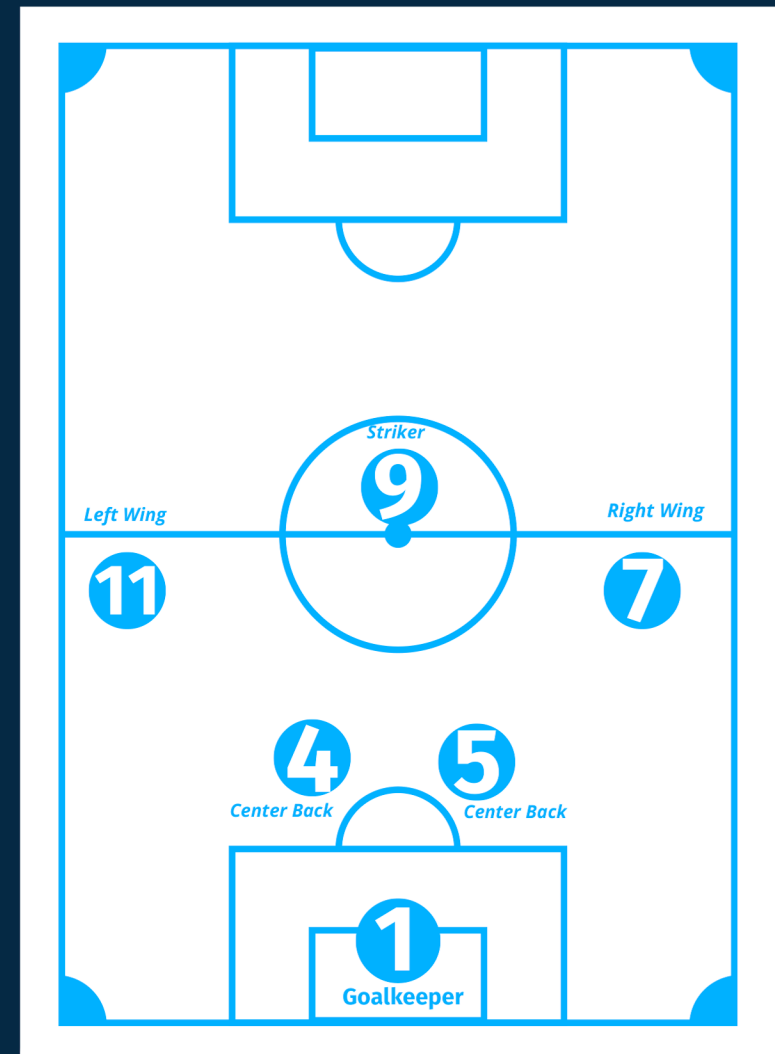
## THE 6V6 SHAPE AND NUMBERING

The suggested formation for 6v6 is a 2-2-1 with the first two players playing as center backs and the midfield two players playing as wide wingers and one striker.

This is the players first introduction to the numbering system and positioning. We want to stick with the same terminology as the players progress through their development pathway.

Keepign the same formation allows players to learn and feel comfortable when put into a position. Keep targets simple for each player when learning the positions.

On page two we will explore each position and what is required of them at the U7 and U8 age group.



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## **NUMBER 1 - GOALKEEPER**

The goalkeeper is a player who plays in the goal and can use their hands to stop the ball within the penalty area. Encourage players to roll the ball out to their center backs (4 and 5) or the left and right wing (7 and 11).

## **NUMBER'S 4 AND 5 - CENTER BACKS**

The center backs are also known as central defenders. These players are the last line of defense and their main job is to stop any attacks on the goal. When in possession of the ball they should press towards the opposition half. They in possession of the ball encourage them to pass the ball to numbers 11 and 7 in order to promote pushing the ball wide.

## **NUMBER'S 11 AND 7 - 11 LEFT WING / 7 RIGHT WING**

The wide players on your team. These are very important roles and information for these two players to move wide when your team has the ball. When they receive the ball encourage them to dribble the ball up the field either going towards goal or up the line to progress an attack. They can pass the ball to number 9 and will mainly receive the ball from numbers 4 and 5.

## **NUMBER 9 - STRIKER**

The role of the striker is to remain high on the field. They should be the highest player on the field for your team. Encourage them to win the ball from the opposition defenders.

