

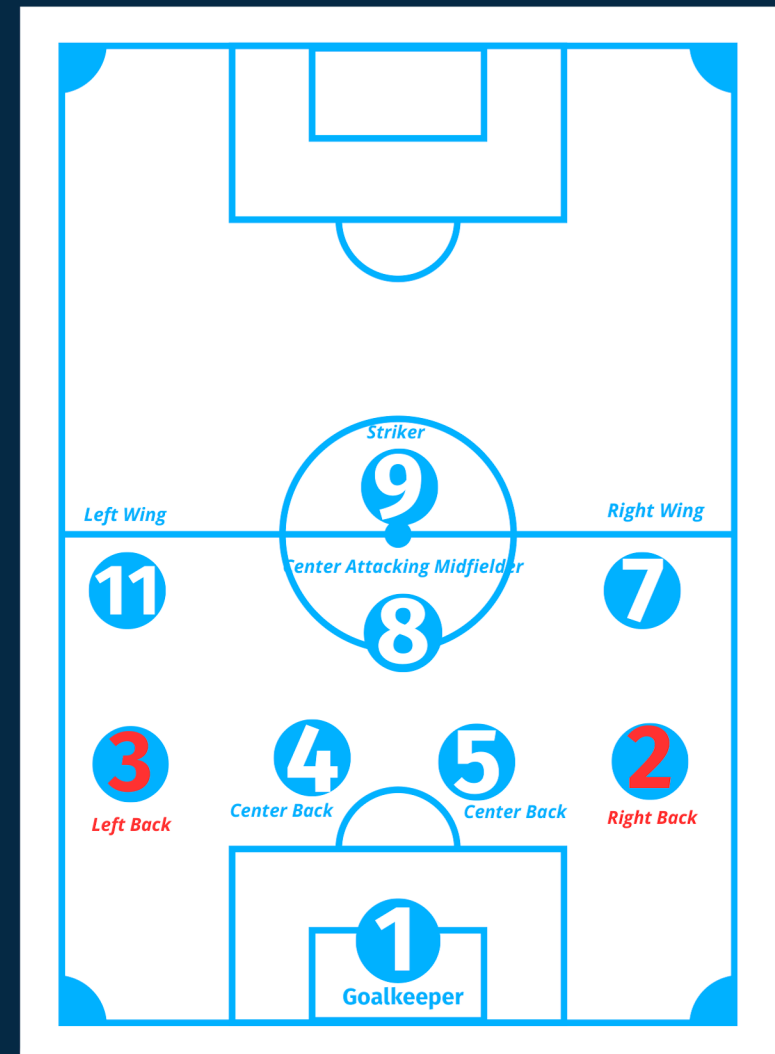
FORMATION AND ORGANIZATION FOR U12

As we move through the age groups we add the number 2 and 3 to the existing system. By using the number system it becomes easier to move with the team and players understand as the players grow with the organization. As we enter U12 we add the number 2 and 3 which completes our back line.

THE 9V9 SHAPE AND NUMBERING:

The number 2 Right back and number 3 Left back are defensive positions and stop and protect from wide attacks.

When your team gains possession the 2 and 3 can over lap and offer well timed attacking opportunities.



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We are nearly to the full team of 11v11 by adding the number 2 and number 3 right and left backs. We move into the 9v9 shape. Lets add the 2 and 3 to our system and read their main role below:

NUMBER 1 - GOALKEEPER

The goalkeeper is a player who plays in the goal and can use their hands to stop the ball within the penalty area. Encourage players to roll the ball out to their center backs (4 and 5) or the left and right wing (7 and 11).

NUMBER'S 4 AND 5 - CENTER BACKS

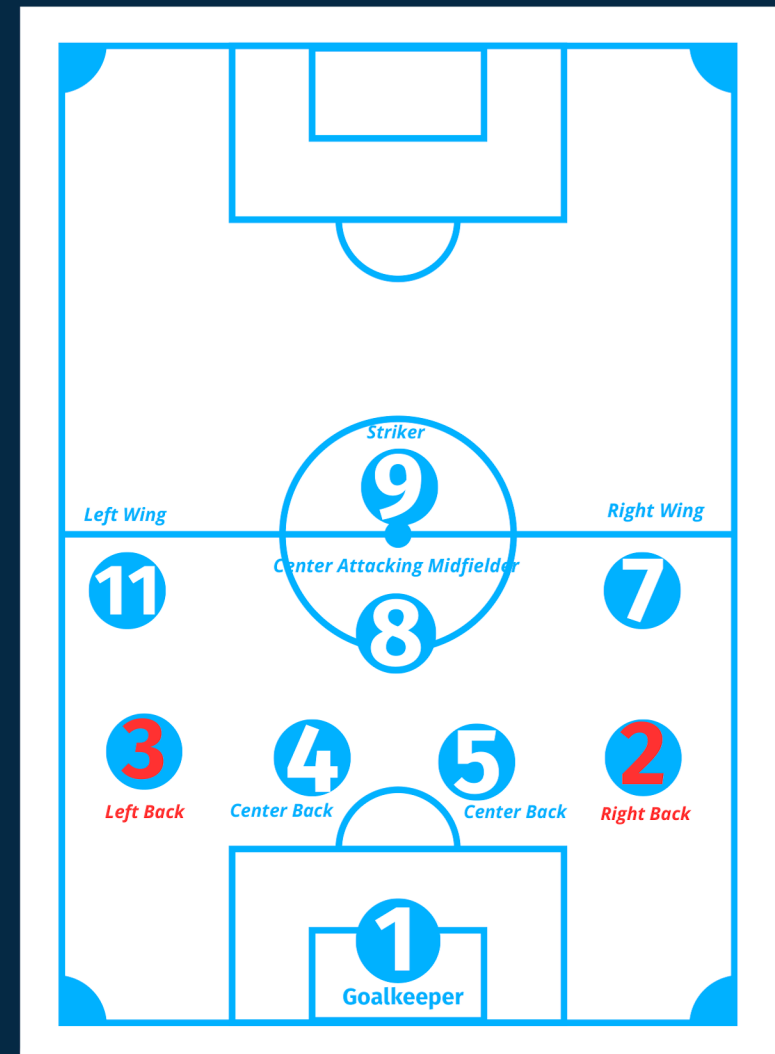
The center backs are also known as central defenders. These players are the last line of defense and their main job is to stop any attacks on the goal. When in possession of the ball they should press towards the opposition half. They in possession of the ball encourage them to pass the ball to numbers 11 and 7 in order to promote pushing the ball wide.

NUMBER'S 11 AND 7 - 11 - LEFT WING / 7 - RIGHT WING

The wide players on your team. These are very important roles and information for these two players to move wide when your team has the ball. When they receive the ball encourage them to dribble the ball up the field either going towards goal or up the line to progress an attack. They can pass the ball to number 9 and will mainly receive the ball from numbers 4 and 5.

NUMBER 9 - STRIKER

The role of the striker is to remain high on the field. They should be the highest player on the field for your team. Encourage them to win the ball from the opposition defenders.



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Lets learn about the number's 2 and 3 - The right back and left back.

NUMBER 8 - CENTRAL ATTACKING MIDFIELDER

The number 8 is a box to box midfielder who needs lots of energy to defend at one end of the field and attack at the other end.

The number 8 can help spread the play from side to side and help support the number 9 in scoring goals.

When your team does not have possession of the ball the number 8 must be able to defend and pressure the ball in any central area.

The number 8 needs to be good at all attributes within the game.

NUMBER 2 AND 3 - RIGHT AND LEFT BACK

The number 2 and 3 are called right and left backs and complete the back line of the defense. The left and right back stop the opposing team from attacking in the wide areas. They are to stop crosses into the box and control the wide spaces.

Upon winning possession they are to move up the field and support 11 and 7 in the wide areas.

