

ATTRIBUTES OF A CENTRAL STRIKER



TECHNICAL

- Scores at a rate of 1 goal per 1.5 games played.
- Can react to any incoming service, or loose ball and finish with one or two touches.
- Links with support players using one or two touches.
- Protects the ball in tight situations allowing supporting runs to take place.
- Turns with the ball as frequently as possible.
- Is effective in 1v1 situations.



PSYCHOLOGICAL

- Competitive and composed.
- Willing to chase down forward passes delivered behind opposing defenders.
- Adaptable and aware of the state of the game.
- Shows bravery in potential goal scoring areas.
- Displays intelligent positioning and cunning movement, especially in goal scoring situations.



PHYSICAL

- Has explosive speed and agility over a short and medium distance.
- has the body strength to hold off challenges.
- Has the spring and timing to contest for the ball.



TACTICAL

- Shows a pass outlet for players in possession in the defending third and deep midfield areas.
- Understands how to position against and around opponents to cause maximum disadvantage.
- Makes calculated movements and adopt positions that raise doubts in the minds of defenders of how to counteract these individual tactics.
- Has the awareness and ability to exploit the spaces between and behind defenders, to receive passes in goal scoring and goal creating positions.
- Escapes man-markers with timely and intelligent movement.
- Understands positional movement and how to move opponents from good to poor defending positions allowing yourself or others to exploit.
- Moves into goal scoring positions.
- Channels, traps and contains opponents in possession in their defensive this.
- Presses, marks and tracks opponents as required.

