

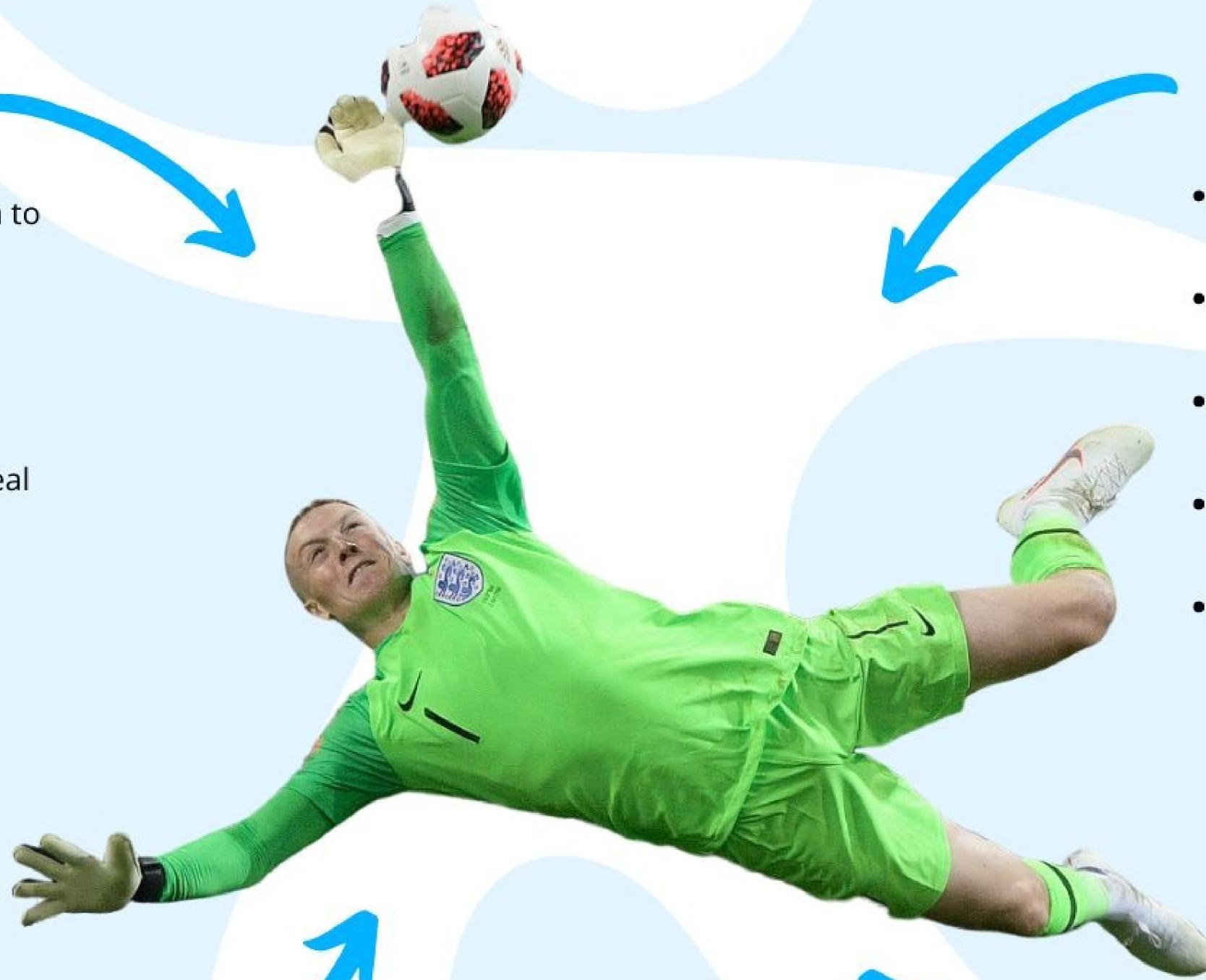
ATTRIBUTES OF A GOALKEEPER

PHYSICAL

- Has the Flex-ability, agility and athleticism to move around the field/ goal with speed, balance and co-ordination.
- Quick reactions, both in thought and movement.
- Has the power and strength needed to deal with physical contact situations.

PSYCHOLOGICAL

- Has the courage to dive at the feet of opponents and smother the ball.
- Demonstrates good powers of concentration and is alert when called into action.
- Able to cope with errors and criticism.
- Make positive decisions and players with presence.



TACTICAL

- Understands the principles of a good start position, both in and out of possession.
- Effective communicator, using commonly used terms.
- Has an appreciation of the state of the game and adopts a no risk mentality.
- Initiates counter attack opportunities for the team.
- Good game understanding and decision making.

TECHNICAL

- Excellent handling skills.
- Makes good decisions, knowing when to catch, deflect or parry.
- Has the composure to pass and receive with both feet.
- Can pass the ball over varied distances using many passing techniques.
- Confident in dealing with crosses, especially in congested areas.